Comfort Menu

Consider using comfort menus to identify non-pharmacological alternatives for pain management. Interview residents and/or their representative and circle all that apply, edit this tool to meet the needs of your residents.

Example Comfort Items

Enter Your Own







Lip Balm

Cold Pack

Additional Blanket

Example Relaxation Options

Enter Your Own







Quiet Time

Massage

Aromatherapy

Example Comfort Activities

Enter Your Own







Change Position

Walk

Bath or Shower

Example Snacks & Beverages

Enter Your Own







Water

Juice

Ice Chips



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