

TIPS FOR BUILDING  
**COVID-19**  
VACCINE CONFIDENCE



These tips come directly from the Centers for Disease Control and Prevention (CDC) in an effort to provide messaging and build confidence regarding the latest COVID-19 vaccine.

- ⦿ The 2024-2025 COVID-19 vaccine is updated to target current strains, like the flu shot each year
- ⦿ Side effects of the 2024-2025 COVID-19 vaccine are similar to past versions and other vaccines
- ⦿ Most adults need just one dose this season
- ⦿ The vaccine can benefit those who have already had COVID-19 this season due to multiple circulating strains
- ⦿ COVID-19 causes more deaths and hospitalizations than flu and RSV combined, despite COVID-19 becoming generally more mild
- ⦿ Previous COVID-19 infection doesn't guarantee milder future infections
- ⦿ Vaccination is the best defense against serious illness and Long COVID
- ⦿ Vaccination, along with hand washing, staying home when sick and seeking treatment helps prevent COVID-19 spread



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