

KNOWLEDGE IS POWER

Let's Talk About Sepsis



VIDEO RESOURCE FOR NURSING HOME RESIDENTS

Telligen created a [short video](#) on sepsis to share with your residents. Our goal is to empower residents to recognize sepsis symptoms, learn prevention strategies and **act fast!** Request to have this video included on the agenda for the next resident council meeting and consider proposing that the council share it regularly, possibly on a quarterly basis. Prior to showing in resident council, we also recommend sharing this video during an all-staff meeting.



With the resident council's approval, invite a nurse or infection preventionist to attend the meeting to address questions immediately after the video. Ensure that your medical director, nursing staff and QAA committee have watched and are familiar with the contents of video, as it can facilitate important discussions on sepsis prevention.

Introduce this video by highlighting the seriousness of sepsis, emphasizing that it is as critical as a heart attack or stroke, yet is often less widely recognized. Emphasize that **residents can play a crucial role in preventing infections** from worsening by being vigilant about specific health changes and voicing their concerns.

Encourage residents to share their personal experience with and understanding of sepsis and invite them to ask questions. Telligen recommends printing and distributing flyers from the Centers for Disease Control and Prevention (CDC) to reinforce information presented in the video ([click here](#) or scan the QR code above to access).



If residents wish to share this video with their family and/or medical power of attorney, please refer them to the accompanying CDC flyers. Consider sharing educational materials through a newsletter or by posting them on your social media and/or website. **Together, we can make a difference in preventing sepsis!**